



Ennerdale and Kinniside Parish Council  
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# Hello!

**Are you isolating due to Coronavirus and need a little help with day to day tasks?**

The Gather and Ennerdale and Kinniside Parish Council, together with local volunteers are coordinating help for those in need with people who can help.

**Call us if you need help with:**

**Shopping**  
**Prescriptions**  
**Dog Walking/pet care**  
**Household problems**  
**Information**  
**or Feel Lonely or confused**

**Contacts:**

**Ennerdale & Kinniside**

Emma Shepherd – Tel: 07342 677 499 (call or text) or 01946 395300 after 7pm;

Email: [bookings@ennerdalecentre.com](mailto:bookings@ennerdalecentre.com)

Back up contact - Rev Parker: Tel: 01946 861310; Email: [blacksvicar@outlook.com](mailto:blacksvicar@outlook.com)

**Kirkland & Lamplugh**

Michael Watts – Tel: 01946 861856; Email: [mbsmwatts@aol.com](mailto:mbsmwatts@aol.com)

Back up contact – Rev Parker: Tel: 01946 861310; Email: [blacksvicar@outlook.com](mailto:blacksvicar@outlook.com)

And we will do our best to help you out.

**Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance).**

**Wash your hands regularly. Items should be left on your doorstep.**

